AFTER (Age-Friendly Technology Education & Resources) **Free Workshops**

To Register: Call Dylan (782) 414-1432 or Elissa (709) 425-3559

While attending high school, Dylan Stringer volunteered with the Computers for Seniors' Program offered by Random Age-Friendly Communities. He remembered having a fantastic experience and a lot of fun. Now, having graduated from University and working back home in Clarenville, he has been thinking about how much that course has accomplished in our community. People still come up to him today and tell him how much they enjoyed the course and how they found it really helped them. As a result, Dylan and a few friends decided to offer FREE Bi-Weekly Age-Friendly Technology Workshops targeted towards seniors. Attendees bring their own devices and ask questions, whether it is how to set up an email or social media account, download apps, or play games, whatever they want help with!

After discussing this intergenerational initiative with Larry Reid, Chair of Random Age-Friendly Communities, the first workshop took place on June 18, 2025. The focus was "Getting Comfortable with your Devices". Dylan Stringer, Elissa Drodge, Sabrina Stringer, and Lucas Frye created a relaxed setting while building trust and confidence. They introduced AFTER (Age-Friendly Technology Education & Resources) Workshops and their mission of providing

an open environment for seniors to learn how to safely use their technologies to unlock more ways to stay connected, remain community active, and have fun.

Dylan and his young friends established a hands-on, paced-for-comfort, and free-of-judgement approach; identified the basic parts of a device, practiced turning the device off/on, and adjusting the volume and brightness settings; explained how to connect to Wi-Fi; gave tips for online safety; and identified how to spot scams and suspicious links. They answered questions such as: How do you forward a text message you received to another contact? How do you add apps to your home screen? How do you download an app that was accidentally deleted? What is the easiest way to scan QR codes? At the end of the session, all attendees played an online live Tech Trivia game.

These sessions keep in mind that people have varying degrees of technological knowledge and the young volunteers adjust accordingly to the individual or group's needs. Larry Reid says. "These workshops are a great intergenerational initiative. They bring different generations

together to interact, learn from each other, and build relationships. They help to foster mutual understanding, combat ageism, and create Clarenville as a more cohesive community."

Want to join us? Just Call the number below!

All adults are welcome. You can register for one night or as many nights as you wish. To register, call Dylan (782) 414-1432 or Elissa (709) 425-3559.