

## Clarenville & Area Age-Friendly 50+ Club, Inc.

(An NL Registered Not-For-Profit Corporation # 89546)



On December 8, 2021 a group of some 40+ senior residents of the Clarenville area gathered to discuss the possibility of creating a new Club dedicated to seniors in the area.

We wanted to create an organization that was “*Age-Friendly*” and represented the entire area, not just the Town of Clarenville. Thus, the newly founded club, with members from Clarenville and outlying areas such as Port Rexton, Harcourt, Hillview, Burgoyne’s Cove and others, was aptly named Clarenville and Area Age-Friendly 50+ Club.

Our Club holds weekly card games accompanied by lunch and social time on Wednesday afternoons at the Bill Davis Chalet at 1:30 p.m.

We host entertainment sessions for our members to enjoy some great music, dancing, or comedy. We undertake projects to support the community such as helping out during Clean-up Week or raising funds for the Red Cross.

A component of our mission is to provide educational services to our members; therefore, we host interesting and informative speakers on issues of special importance to seniors such as driving habits, scams, fraud, mental and physical harassment, wills, estate planning, power of attorney, eye health, etc.

Future plans for our Club include physical fitness activities specifically designed for seniors; excursions to historical areas of our province; social interactions and friendly competitions with other member Clubs of the **NL 50+ Federation**, of which there are 130+ such Clubs throughout our province; and inter-generational activities whereby area High School students will be invited to participate together with our seniors in such activities as Talent Shows, Open-Mic or Coffee-Houses.

One great initiative that we have undertaken as a Club is the videotaping of select seniors who provide history of specific activities occurring in the “*old days*” which have been important in the creation of the Town of Clarendville and surrounding area. These videotaped sessions will be held in local archives for future use.

Our Club is comprised of 74 members. We are still growing and innovating so that we can become a “*Go-To*” entity to which area seniors aspire to become active members.

#### **Contact Information**

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