

## BOWLING



In the fall of 2003, Everett and Ethel Penney's idea to start a bowling league for seniors at Caribou Lanes became a reality. Sixteen bowlers took to the lanes on Monday mornings.

The bowlers started telling their friends about the fun they were having and right from the beginning, the league began to grow with each session.

The continuous expansion meant having to book an afternoon session as well. For a number of years, the league had more than 60 bowlers ranging in ages from the early 50s to the mid 90s.

Today, the league is still very active and approximately 25 seniors bowl each Monday at 10 a.m. There are a number of spares who fill in when someone can't make it.

There always seems to be room for one more. If someone drops into the lanes, everything possible is done to see that that person gets to bowl.

It is not a competitive league. It is strictly for fun and exercise. Each bowler has his or her own unique delivery. There are bowlers who roll 100 or less and there are bowlers with a 200+ average. No matter what the score is, everyone has lots of fun and laughter. It is a great social activity.

Bowling is fun and fitness for the 50+.

For more information, call Jennifer Keel 466-7751.