

## COMPUTERS FOR SENIORS - SILVER SURFERS

The Random Age-Friendly Communities organization gives seniors from Clarenville and the surrounding communities an opportunity to get online and access the many wellbeing and social benefits of using technology that so many of us already enjoy.

To date 239 Silver Surfers have completed a 20-hour Computer Awareness Session. They are all very comfortable with using computers, accessing the Internet, and sending and receiving e-mails. This new technology is now a part of their everyday lives.

Our Silver Surfers are provided with a relaxed learning environment by volunteers made up of Clarenville High students, the general public, and staff and students of College of the North Atlantic.

At the end of each 20-hour session, a celebration is held where our Silver Surfers are served refreshments and presented with a Certificate of Participation.

Random Age-Friendly Communities board is well aware that the benefits of using technology are endless. From keeping in touch with friends and family, to finding a deal on your next holiday, the simple purpose of technology is to make our lives easier.

It is with this in mind that the Random Age-Friendly Communities organization aims to inspire and support many more seniors to use technology by continuing to offer Computers for Seniors free of charge.

If you would like to join the 239 Silver Surfers who have already completed the course, contact Brenda at 466-2870 and sign up for our next class.

