

BOWLING



In the fall of 2003, Everett and Ethel Penney's idea to start a bowling league for seniors at Caribou Lanes became a reality. Sixteen bowlers took to the lanes on Monday mornings.

The bowlers started telling their friends about the fun they were having and right from the beginning, the league began to grow with each session.

The continuous expansion meant having to book an afternoon session as well. Today two sessions run each Monday—one at 10 a.m. and one at 1 p.m.

The league now has more than 60 bowlers ranging in ages from the early 50s to the mid 90s. There are 12 scheduled teams and a number of spares who fill in when someone can't make it.

There always seems to be room for one more. If someone drops into the lanes, everything possible is done to see that that person gets to bowl.

It is not a competitive league. It is strictly for fun and exercise. Each bowler has his or her own unique delivery. There are bowlers who roll 100 or less and there are bowlers with a 200+ average. No matter what the score is, everyone has lots of fun and laughter. It is a great social activity.

When bowling finishes for the year, the group holds a banquet and presents several fun awards.

Bowling is fun and fitness for the 50+.

For more information, call Everett Penney 466-1576.